



Beauty Lounge Armonia

N A T U R A L B E A U T Y



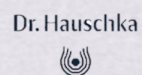
Welcome *we are glad you are here!*

Enter in our wellness world, leave your daily routine behind and let yourself be pampered.

Beauty, well-being and inner harmony are the essence of everything.

Our qualified beauticians and masseuses, specialized in holistic well-being, are at your complete disposal for any consultation in order to find, among the wide range of treatments, the most suitable for you!

All our treatments are carried out exclusively with nature-certified care products.



Feel pampered and relaxed in our wellness wonderland ...

Beauty Lounge Armonia

Let our experienced masseuses advise you on the best treatment for your body.

In order to be able to treat you properly, we ask you to inform us about any illnesses, allergies, pregnancies, chemotherapy, blood pressure, diabetes, inflammations, etc.

We kindly ask you to cancel your appointment always 24 hours in advance, in case of delay the treatment will be shorter or cancelled.



Fitness Hall

For safety reasons, children under 16 years must be accompanied by an adult. Parents are responsible for their children.

During the hours of fitness programme, the gym is occupied. We invite you to join our activities.

Please respect silence in our beauty area.



Panoramic Swimming Pool



Our heated panoramic swimming pool offers you a wonderful view on the Sassolungo and Sassopiatto.

Pool depth 1.39 m

Water temperature 34°C in winter e 30°C in summer

Children must be accompanied by an adult.

Wellness World Anima



Bathrobes, slippers and towels are provided in your room.
Please access the sauna without bikini.

We recommend you to take a shower before and after the sauna.

Children can access the wellness area from 2 pm to 4 pm,
accompanied by an adult and respecting silence.

Opening hours

... Beauty Lounge Armonia	every day 9.00 am - 12.00 pm & 3.00 pm - 8.00 pm
... Wellness World Anima	every day 2.00 pm - 8.00 pm
... Panoramic Pool	every day 7.00 am - 8.00 pm (summer) 3.00 pm - 7.00 pm (winter)
... Fitness Hall	every day 7.00 am - 8.00 pm



Facial Treatments

for her and him

It all starts with a pleasant footbath... if this is your first Dr. Hauschka treatment, do not be surprised: first of all we take care of your feet, because a stressed mind often involves cold feet. Our expert beautician will welcome you with a fragrant footbath, in order to relieve all the tensions accumulated during the day. Just lie down and let yourself relax and regenerate with our rhythmically flowing movements...



Classic Treatment by Elisabeth Sigmund



... relaxing footbath, massage and fragrant compresses are the ideal way to relax and prepare you for the facial cleaning care, with Dr. Hauschka skin products.

Cleansing and nourishing masks, with an intensive skin care will let you feel revived and regenerated.

The lymph stimulation with fine brushes will unblock, purify and strengthen your immune system.

The classic treatment works to let you feel filled with a sense of happiness, lightness and inner balance.



120 min € 155.00

Dr. Hauschka Philosophy

Dr. Rudolf Hauschka, the company founder, liked to do things differently. Even today, this rhythmic extract procedure remains part of our complex manufacturing process. During this, we subject natural substances to the alternating influence of heat and cold, darkness and light, rest and movement. As a result, our products remain stable and have a good shelf life even without synthetic preservatives.



Purifying Treatment

... intensive treatment with Dr. Hauschka skin care products, especially made to regulate blemished and inflamed skin.

60 min € 80.00

Treatment "one hour just for me"

... personalized face treatment based on the needs of your skin.

60 min € 80.00

Deep Purifying Treatment

... this treatment provides a deep purifying and cleansing ritual with Dr. Hauschka natural products.

60 min € 80.00

Revitalizing Treatment

... suitable for those who feel their skin tired and stressed by atmospheric agents, just as happens during transition periods and seasons.

90 min € 120.00

Relaxing Treatment

... a facial treatment without a deep cleanse, allowing you to relax from head to toe.

90 min € 120.00

... a *Dream of Well-being*
... be pampered by *our massages!*

Aromatic Massage

... holistic calming and rebalancing massage combined with essential oils of aromatic plants to recreate a harmonious mental-physical balance.

50 min € 71.00

Alpicare Massage

...a modelling massage combined with a traditional cupping technique, reaching a relaxing and contracting effect. Not suitable for those who suffer from capillary fragility.

50 min € 72.00

Abyhanga Massage

... holistic ayurvedic massage for those who want to relax and enjoy a very gentle and pleasant treatment using natural oils accompanied by a specific Dr. Joseph essence, which releases the stored up stress from mind and body.

50 min € 90.00

Dynamic Massage

... one hour dedicated just to your back. A high quality massage with Dr. Vitalis products, arnica and hypericum plants, tibetan singing bowls and cupping tools to improve the elasticity of your back spine.

50 min € 75.00

Dosses Classic Massage
modulated Vitalpina

... a treatment that suits to everyone, improves the blood flow and releases tensions in the body.

50 min € 70.00

Relax Your Mind
Massage

... a face, neck and shoulders massage. For deep relaxation, antistress and new vitality.

25 min € 45,00

Partial Active Massage

... an energizing sport massage, recommended before or after any sport activity, for your back, legs or feet.

25 min € 52.00

Partial Dosses Massage
modulated Vitalpina

... treatment that suits to everyone. Choose between back, legs or feet.

25 min € 48.00

Active Massage

... an energizing sport massage, to improve your athletic performance, reduce your muscle tension and regenerate your body. Recommended before or after any sport activity.

50 min € 80.00





Manicure
... with massage or classic nail polish
60 min € 48.00

Manicure
... with semipermanent nail polish
60 min € 56.00

Luxury Hands Treatment
... with peeling, manicure, massage, classic nail polish
75 min € 68.00

Luxury Hands Treatment
... with peeling, manicure, massage, semipermanent nail polish
90 min € 75.00

For the care of hands and feet

Pedicure
... with massage or classic nail polish
75 min € 58.00

Pedicure
... with semipermanent nail polish
90 min € 67.00

Luxury Feet Treatment
... with peeling, pedicure, massage, classic nail polish
105 min € 75.00

Luxury Feet Treatment
... with peeling, pedicure, massage, semipermanent nail polish
120 min € 82.00



Depilation Treatments

for your face

... eyebrow correction	€ 13.00
... eyebrow colouring	€ 20.00
... chin depilation	€ 9.00
... upper lip depilation	€ 9.00

for your body

... armpits depilation	€ 15.00
... arms depilation	€ 27.00
... back and upper body	€ 32.00
... bikini zone total depilation	€ 18.00
... bikini zone partial depilation	€ 15.00
... total leg depilation	€ 37.00
... leg to knee depilation	€ 27.00
... armpits bikini zone total leg depilation	€ 65.00
... armpits bikini zone leg to knee depilation	€ 55.00



Peeling rituals for the well-being of your body

Vitalpina Hay Peeling

... deep peeling with hay brushes to remove dead cells in excess and prepare your skin for the second peeling, with hay and apricot extracts that will help you stimulate the microcirculation and make your skin clear and radiant, thanks to the lightening activity of hay.

50 min € 65.00

Hay Peeling

... your skin will be smooth, silky and bright, thanks to the hay peeling and pits of apricot.

25 min € 47.00

Dead Sea Salt Peeling

... while the magic of aromatic oils envelops you in an intoxicating scent, the skin is purified and nourished thanks to the salt crystals.

25 min € 45.00

Coconut Peeling

... a peeling suitable for particularly dry skin, for a silky and moisturizing result, thanks to the vitamin E of the coconut.

25 min € 45.00



Packs and Baths Treatments

performed in our heated water bed

South Tyrolean Hay Bath

... hay bath stimulates a strong sweating, has an draining and detoxifying action and gives benefit to the motor apparatus and relaxes the musculature.

50 min € 63.00

Alpicare Baths

... to deeply hydrate your skin:
grape seeds | baobab

... to revitalize your skin:
arnica | hypericum

... to soothe and moisturize your skin:
calendula | chamomile

45 min € 60.00

"Cool Legs"

... cold bandage based on chestnut and peppermint for a draining, invigorating but above all anti-fatigue effect. Not suitable for who doesn't tolerate cold.

25 min € 45.00

Alpine Mud Pack

... thanks to the alpine mud, rich in minerals and the mugho pine extract, you will feel detoxified. The basic acid will be balanced and your lymphatic system favoured.

25 min € 45.00

Algae Pack

... this wrap has detoxifying effects, reactivates the metabolism, tones the tissues and promotes microcirculation as well as purifying and smoothing the skin.

Not indicated for those suffering of thyroid problems.

25 min € 45.00

Coconut Pack

... let your skin regain moisture thanks to vitamin E, it will feel velvety to your touch as well as having an intense coconut scent.

25 min € 45.00





Sensational beauty packages

... the ideal solution for an unforgettable wellness experience!

DOSSES

1 Peeling of your choice
1 Pack of your choice
1 Alpicare Massage (duration 50 min)

€ 158.00

SPORT

1 "Cool Legs" Treatment
1 Active Massage (duration 50 min)

€ 110.00

BEAUTY

1 Purifying Face Treatment
1 Pedicure with massage or classic nail-polish
1 Partial Massage of your choice (duration 25 min)

€ 175.00

ARMONIA

1 "one hour just for me" Treatment
1 Aromatic Massage (duration 50 min)

€ 148.00

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